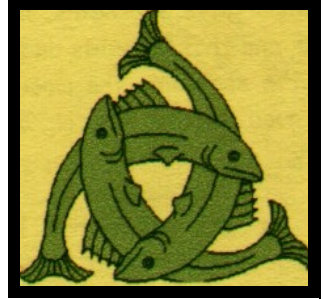


THE TRINITY NEWS



HOLY TRINITY ANGLICAN CHURCH SOOKE, BC

Vol. 3 No. 9

Our Clergy's Thoughts and Reflections

So, are you rested, restored and ready to explore God's many graces in September? What opportunities await us at Holy Trinity! Here are a few of which we are aware. What more would you add?

Every year, September marks the beginning of a new school year. At Holy Trinity we also mark a new beginning of parish and community events. Below we highlight both the new and the continuing parish and community activities which occur under our roof. What a melange!

With the new school year, we are beginning a Saturday, 5 pm, Holy Communion service: EARLY CHURCH.

The inaugural date is September 11th and every Saturday thereafter. On Sunday mornings some parishioners will no longer have to choose between organized sports and worship; between company and worship; between sleep and worship. While everyone will always be welcome, the service will be family oriented. The circular seating will promote a greater sense of community.

Beginning with a smaller group will also help us to meet each other more quickly, learn about each person's unique concerns and contribution to our common prayer and action. Due to other uses of the facility later on, we will finish promptly by 6 pm.

On September 12th Maureen Hasanen, will coordinate a pancake breakfast for the parents and the children who are registering for Church School; she will also give them an orientation.

September finds many activities at Holy Trinity

After a very successful Spring session, **Holy Trinity's Best Blessed** will build on those lessons and activities. We are looking forward to returning and new students. Weekly their learning begins right after the Collect with interaction with the clergy and a hymn. We continue to provide child care.

On the third Wednesday of the month, the ladies of our Mothers' Union meet at 1:30 pm in the dining room for their monthly meeting: prayer, sharing joys and concerns, contributing money to important causes here and abroad and concluding with a special tea. On

the last Wednesday of the month, Nancy+ meets with the ladies for a noon time brown bag lunch, catching up and the continuation of their journey.

The men meet on the second Saturday of the month at 9:30 am at the Castle restaurant where they can get a serious breakfast and conversation. At noon on the last Wednesday of the month they have lunch at Buffy's. The food and the conversation there must be especially good: how else can one explain a near record 16 men the last time they met?

On Saturday, September 18th, from 11 am until 3 pm, the members of the Prayer Book Society of Vancouver Island will be our guests. After their business meeting and lunch, I will offer thoughts and interaction on "The Prayer Book: Yesterday and Today."

Continues on next page

Clergy Reflections from page 1:

The Rev. Don Lee (newly licensed by our bishop to officiate in the diocese) will conclude their visit with Evening Prayer.

This month our stewardship of facility use is being expanded.

We had Vital Vittles, meetings for Alcoholics and Narcotics Anonymous, music and choir rehearsals, a monthly Coffee House, a place for giving blood, a gentle stretching/meditative session for those who suffer from chronic pain. Now we have added a dance studio!

The children are looking at us for living examples of daily learning who God is, to what God is calling us and the gift of each other as we journey together toward God.

Sincerely, Alex+/Nancy+



WORLD DAY OF PRAYER

September 9th, 2010

What uplifts our hearts more than anything else?

Prayer is the answer.

It is the sacred activity that lifts up the heart of humanity and fills us with hope.

Our prayers will bring a greater awareness of God within us and of God within others. So keep this in mind: through prayer we are uplifted as we uplift the rest of humanity and the world when we pray.



Deacon Wally's reflections:

A section of 'Mere Christianity' by C.S. Lewis has resonated with me during my vacation. He says that the position of the church on social and economic issues is the combined thoughts and actions of the people of the church. It is certainly not communiques from Synods, bishops, rectors or deacons.

The church is the people of God, and not a building, and not a group of clergy. What the people do as small groups and individuals, or don't do, is the position of the church. Expertise in social and economic issues is with the people of God, not clergy. God works there to make change. There will be no single 'church' position on most issues, just as there is no single prayer or hymn that speaks with equal power to all, and no single bicycle or automobile that solves the transportation needs of all.

When you act on God's call to social, environmental or economic action, you have a ministry and are bringing the church to the world. Each of us is responsible for ministry, and part of my duties as a deacon is to help you strengthen your ministry. When you feel that God wants us to talk, engage me. That is the door that lets the Holy Spirit work among us.

“God of life, God of those who walk miles for water, God of those whose only supply is contaminated, bringing death, not life. May water, clean and life-giving, be available to every living creature. May that vision move forward. May your will be done.” *Christian Aid, Great Britain; courtesy of Church World Service*

"Until now you have not asked for anything in my name. Ask and you will receive, so that your joy may be complete."-- John 16:24

Help Is at Hand



I may often be the one who helps.

Every kind word and act is joyfully given and gratefully received.

I may often be the one who helps others. What happens when I have a simple need, such as reaching an item on a high shelf, or when I encounter a health challenge that requires the support of a team?

Fortunately, I am not meant to "go it alone." People are healthiest and happiest when helping one another. So I relax and let go of any desire to prove my independence or to appear to be the strong one.



In prayer with God and in touch with my family, friends, and community, I am open to words and acts of kindness. God is the source of all good, yet the answer to my prayer may come through the caring hands and hearts of those around me. As I allow others to care for and about me, I witness their joy in being able to be there for me.



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LES AND FLO TICKNER

(Once again!)

The Tickners moved to Sooke in 1968. The very next year they became and to this day continue to be a very important part of Holy Trinity (HT). So to "meet" them, is meant only for those who have just joined the parish!

Les was born in 1926 in Moose Jaw, Saskatchewan. At age 17, he enlisted in the navy. He served on the frigate, Buckingham, out of Newfoundland where "I got paid to sit and listen to the radio." In 1953 Flo graduated from Vancouver General Hospital's school of nursing. They married in a church in Vancouver in April 1955. In 1992 Flo wrote a special issue of Raincoast Chronicles, #14 Fish Hooks & Caulk Boots, her memoirs on the BC coast, growing up in a floating log camp.

For many years Flo served on the parish council. She is also a lector and a chalice bearer. Les was envelope secretary for 25 years.

Between 1970 and 1990, there was no commercial catering in Sooke. That fact gave rise to the HT Catering Guild. Can you imagine that they used the kitchen in the basement of the Community Hall! There was no elevator and the cooked food was packed up the stairs by the men. One highlight was the Christmas Dinner served for the 300 mill workers in Seseenos and their families. The men cooked; the ladies served everyone within 20 minutes.

What an inspirational couple, Les and Flo Tickner!

THE 92 YEAR OLD PREACHER

While watching a little TV on Sunday instead of going to church, I watched a church in Atlanta honoring one of its senior pastors who had been retired many years. He was 92 at that time and I wondered why the church even bothered to ask the old gentleman to preach at that age. After a warm welcome, introduction of this speaker, and as the applause quieted down, he rose from his high back chair and walked slowly, with great effort and a sliding gait to the podium. Without a note or written paper of any kind he placed both hands on the pulpit to steady himself and then quietly and slowly he began to speak....

"When I was asked to come here today and talk to you, your pastor asked me to tell you what was the greatest lesson ever learned in my 50-odd years of preaching. I thought about it for a few days and boiled it down to just one thing that made the most difference in my life and sustained me through all my trials. The one thing that I could always rely on when tears and heartbreak and pain and fear and sorrow paralyzed me... the only thing that would comfort was this verse..... .."

"Jesus loves me this I know. For the Bible tells me so. Little ones to Him belong, we are weak but He is strong.... Yes, Jesus loves me.... The Bible tells me so." The old pastor stated, "I always noticed that it was the adults who chose the children's hymn 'Jesus Loves Me' (for the children of course) during a hymn sing, and it was the adults who sang the loudest because I could see they knew it the best."

"Here for you now is a Senior version of Jesus Loves Me":

JESUS LOVES ME

Jesus loves me, this I know,
Though my hair is white as snow
Though my sight is growing dim,
Still He bids me trust in Him.

(CHORUS)

YES, JESUS LOVES ME.. YES, JESUS LOVES ME..
YES, JESUS LOVES ME, FOR THE BIBLE TELLS
ME SO.

Though my steps are oh, so slow,
With my hand in His I'll go
On through life, let come what may,
He'll be there to lead the way.

When the nights are dark and long,
In my heart He puts a song.
Telling me in words so clear,
"Have no fear, for I am near."

When my work on earth is done,
And life's victories have been won.
He will take me home above,
Then I'll understand His love.

I love Jesus, does He know?
Have I ever told Him so?
Jesus loves to hear me say,
That I love Him every day.
(CHORUS)

The above was submitted by Shirley Roodbol and Margaret Green, which they received from an email. Likewise the Sonnet by Foster Isherwood on page 7. Please submit your contributions and they will be published as space permits!

'VITAL VITTLES' BENEFIT CONCERT 'PLAIN DELIGHT: MUSIC WITH THE HARPSICHORD'

On FRIDAY, SEPTEMBER 24th, at 7.30 pm, Holy Trinity Church, there will be another in the series of concerts organized by harpsichordist Mary Brown since the first was put on in 2004 to benefit Holy Trinity's new initiative, 'Vital Vittles.' All are welcome and net proceeds from donations on admission will again benefit this good cause.

Artists with this year are Nancy Washeim, soprano, Merle Fulton and Debbie Needham, contraltos, Warren Moore, recorders, Cuyler Page, recorders and oboe, Sue Innes, violin, Sally Brown, cello, and Ellen Himmer, cello, who will be presenting a trio with Heather Gatland, violin, and Shane Beech, harpsichord.

As usual the programme will consist of varied, melodious secular and sacred music of the Renaissance and Baroque. While there are always a few less usual works, most of the music is 'easy listening,' with wide appeal. Look for further information on posters and in the 'Sooke Mirror' or call Mary at 646 2532. ~ Mary Brown

KIDS...IT'S THAT TIME OF YEAR AGAIN

BACK TO SCHOOL!

Here are some thoughts to keep in mind as well
as some poems written by school kids. ENJOY!

The leaves are falling
One by one.
Summer's over
School's begun.



A Circle of Friends

We've joined together as classmates as the new year begins...
A year full of learning while we become friends.
We'll share and be kind as we work and play.
And our friendship will grow with each passing day.

On my back a pack I carry In it, all my treasures.
It's what I need So I can be One class higher!

Crayons, ruler, scissors too, And yes a little Elmer's glue
Paper, pencils, in my bag... Wonder what made mom so sad?

Trapper keeper, nice and neat Will it really stay this clean?

On my back a pack I carry In it, all my treasures!

Today I'll be Just watch and see One class higher!

By Shelley Plum

Lots of people, some well known, have had thoughts about school and education. See what you think of these:

"Live as if you were to die tomorrow; learn as if you were to live forever." - Mohandas Gandhi

"When the student is ready the teacher will appear." - Lao Tzu

"Imagination is more important than knowledge. Knowledge is limited. Imagination encircles the world" - Albert Einstein

WELL THERE YOU HAVE IT...AND JUST ONE MORE TO KEEP IN MIND...

at School you can get this free every Monday through Friday--knowledge!

(BUT DON'T FORGET TO USE YOUR IMAGINATION, TOO !!!)



THANKS TO ALL MY HELPERS WE DID IT AGAIN. THIS YEAR WE MADE A GREAT HOT DOG LUNCH ... AND RAISED \$500 FOR CAMP COLUMBIA!!!

Connie Isherwood spearheaded the **Great Hot Dog Event Fund Raiser** last month, August 15th.



LOOK AT THEM - ALL WRAPED IN NAPKINS AND READY...HUNGRY YET?



RUNNING IN FROM THE **SOOKE TRIATHLON**
JONATHAN GREEN,
Son of John and Margaret (she is in this picture!)
Bet the food tasted great to him, too!



YOU MADE IT HAPPEN!
\$ 500 FOR CAMP COLUMBIA



GOD'S COFFEE

A group of alumni, highly established in their careers, got together to visit their old university professor.

Conversation soon turned into complaints about stress in work and life.

Offering his guests coffee, the professor went to the kitchen and returned with a large pot of coffee and an assortment of cups - porcelain, plastic, glass, crystal, some plain looking, some expensive, some exquisite - telling them to help themselves to the coffee.

When all the students had a cup of coffee in hand, the professor said:

"If you noticed, all the nice looking expensive cups were taken up, leaving behind the plain and cheap ones. While it is normal for you to want only the best for yourselves, that is the source of your problems and stress.



Be assured that the cup itself adds no quality to the coffee. In most cases it is just more expensive and in some cases even hides what we drink. What all of

you really wanted was coffee, not the cup, but you consciously went for the best cups. And then you began eyeing each other's cups.

Now consider this: Life is the coffee; the jobs, money and position in society are the cups. They are just tools to hold and contain Life, and the type of cup we have does not define, nor change the quality of Life we live. Sometimes, by concentrating only on the cup, we fail to enjoy the coffee God has provided us."

God brews the coffee, not the cups..... Enjoy your coffee!

"The happiest people don't have the best of everything. They just make the best of everything."

Live simply. Love generously. Care deeply.
Speak kindly. Leave the rest to **God**.



WE HAVE A NEW NEIGHBOUR!

Remember when our Parish Apartments looked like this?



Not any more. Just look next time you are at church and see the transformation. Thanks to Holy Trinity's **Friends In The Garden** it is now a beautiful space. And, as of September, one of those great gardeners, Pauline Chamberlain is moving into the upper apartment!

WELCOME PAULINE!

TIME AND SPACE

*Where does the wind blow
as it goes rushing by,
Stirring my thoughts of gentle times?
They wish to dwell and stay,
tell me where I might have been,
see the sun set and rise again.
When the rhythm of life turns,
times and sets the way,
We take our place
the mortal part to play.
And as we go there is still that hope,
thing lost, but all regained.
For as with time,
We share it all, my friend!*

Foster Isherwood, Victoria 2010

P.A.C.I. Graduate 1940

MARK YOUR CALENDARS FOR SEPTEMBER

- 11 9:30 am Men's Breakfast @ Castle Restaurant
5 pm Early Church
- 15 1:30 pm Mothers' Union @ Holy Trinity
- 18 11:00 am Prayer Book Society Meeting/Lecture/Evening Prayer
- 22 11:00 am Worship Committee; 11:45 am Women's Journey;
12:00 noon Men's Lunch @ Buffy's
- 24 7:30 pm Plain Delight: Concert with Harpsichord

LOOKING AHEAD TO OCTOBER...

- 2 (am) Parish Fundraiser: White Elephant, Plant and Baked Goods Sale
5 pm Blessing of Pets
- 23 (pm) Parish Fundraiser: Spaghetti Dinner for \$15 and Silent Auction @ Legion Hall

Every Friday: Vital Vittles — 11:30-1:00 pm



SEPTEMBER 9, 2010
WORLD DAY OF
PRAYER

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CELEBRATIONS

Birthdays

- 1 Jerry Van Ek
- 2 Douglas Coates
- 3 Bradley Clark
- 11 Kase Roodbol
- 17 Ruth Montaldi; Laura Sutherland
- 18 Pauline Chamberlain
- 24 Dorothy Wing



Anniversaries

- 11 Alex+ and Nancy+

